

IMPORTANT NUMBERS	DOMESTIC VIOLENCE SHELTERS	FOOD ASSISTANCE/ MEALS
The Heart of Florida United Way Helpline.211	Abuse Hotline..... 800-962-2873	Catholic Charities.....658-0999
DCF (Medicaid, FS,TCA) 866-762-2237	Harbor House.....886-2856	Catholic Soc. Services.....658-1818
FL Child Abuse Hotline...800-962-2873	Help Now- Kissimmee.....847-8562	Christian Service Ctr.....425-2523
FL Domestic Violence.....800-500-1119	Safehouse- Seminole.....302-5220	Christian Sharing Ctr-Seminole 260-9155
Parent Support Helpline 800-352-5683	DRUG & ALCOHOL TREATMENT	Church of the Good Shepherd...644-5350
HOPE Team.....428-5751 ext.6	Ctr for Drug Free Living.....245-0012	Central FL Compassion Ctr.....905-9339
Lost Card..... 888-356-3281	Lakeside Alternatives..... 875-3700	Coalition for the Homeless.....426-1250
Medicare Hotline..... 800-633-4227	Mental Health Assoc.....898-0110	Community Food & Outreach...650-0774
Orange Co Health Dept.....836-2600	Teen Challenge.....330-9600	Community Service Ctr.....851-5920
Unemp. Compensation.....800-204-2418	Turning Point of Central FL.....740-5655	Conway United Methodist Church 407-277-5010
Unemployment: Local.....228-1500	Transition House: men.....929-1255	The Defenders Food Co-Op 407-737-1370
Veterans Affairs.....800-827-1000	EDUCATIONAL SERVICES	First Pres Church of Orlando...423-3441
AIDS/HIV SERVICES	Adult Literacy League.....422-1540	Frontline Outreach.....293-3000
CENTAUR.....245-0014 ext 284	Community Service Ctr.....851-5920	Harvest Time.....328-9900
CMWP- Short term housing.....648-9440	Frontline Outreach.....293-3000	Jewish Family Services.....644-7593
Florida HIV Hotline.....800-352-2437	Head Start.....836-6590	Loaves & Fishes.....886-6005
Health Dept. Orange County...836-2680	Orange Co. Schools.....317-3200	Meals on Wheels.....333-8877
Hope & Help Center.....645-2577	Orlando College (N).....628-5870	Restore Orlando.....246-0061
Miracle of Love..... 843-1760	Orlando College (S).....851-2525	Salvation Army Orlando.....423-8581
TTHI.....892-5700	Restore Orlando.....246-0061	Salvation Army Seminole.....322-2642
CHILD SERVICES	Rollins College.....646-2000	Second Harvest Food Bank.....295-1066
Child Abuse Hotline..... 800-962-2873	Southern College.....273-1000	HEALTH CARE
Child Support Enforcement800-622-5437	UCF.....823-2604	Apopka Family Health Ctr.....886-5232
Comm. Coord. Child Care (4C) 522-2252	Valencia Comm. College.....299-5000	Epilepsy Assoc of Ctrl FL 866-864-1416
Crisis Nursery.....522-2288	Vocational Rehabilitation...800-451-4327	Grace Medical Home.....936-2785
Dept. of Children and Families 245-1500	EMPLOYMENT ASSISTANCE	Health Care Ctr- Homeless.....428-5751
Florida Kidcare.....888-540-5437	Agricultural & Labor Pgm.800-330-3491	Health Dept./ HRS.....836-2600
Frontline Outreach.....293-3000	Christian Help Foundation.....834-4022	Orange Bloss. Fam. Health Ctr 428-5751
Healthy Start.....741-5240	Goodwill- jobs for disabled.....235-1578	Orange VA Medical Ctr.....629-1599
Orlando Day Nursery.....422-5291	Pro Image.....282-4642	Primary Care Access Network 407-836-PCAN
WIC..... 836-2623	Workforce.....531-1222	Seminole County Health Dpt...665-3000
Winter Pk. Day Nursery.....647-0505	FINANCIAL ASSISTANCE	Shepherd's Hope.....876-6699
CLOTHING/ PERSONAL ITEMS	American Red Cross.....894-4141	HEALTH SERVICES: DENTAL
Christian Service Ctr.....425-2523	Catholic Soc. Services.....658-0999	Apopka Dental Clinic.....886-9569
Christian Sharing Ctr:Seminole 332-0925	Christian Service Center.....425-2523	Comm Health Ctrs Inc.....877-4310
Community Service Ctr.....851-5920	Christian Sharing Ctr-Seminole 260-9155	Dental Society- Dental Ref..... 894-9798
Frontline Outreach Ctr.....293-3000	Community Service Ctr.....851-5920	FL Medicaid/Dental.....317-7851
Rescue Mission.....422-4855	Jewish Family Services.....644-7593	Orange Bloss. Fam. Health Ctr 428-5751
Salvation Army Orlando.....423-8581	Orange Co. Social Services.....836-6500	Orange Co Dental Research....425-3381
Salvation Army Seminole.....322-2642	Salvation Army.....423-8581	Orange Co Health Dept.....836-2616
CRISIS INTERVENTION SERVICES	Utility Assistance Orange/Osc...836-7429	HEALTH: PRESCRIPTION ASSIST.
Crisis Nursery.....438-0806	Utility Assist. Seminole688-5169 ex5166	Christian Service Center.....425-2523
Harbor House- Dom. Violence..886-2856	Winter Park Christian Ctr.....628-1692	Free Medicine Foundation 573-996-3333
Lakeside Alternatives.....875-3700	FINANCIAL COUNSELING	Medicare RX Helpline.....800-436-6001
We Care Crisis Center.....425-2624	Consumer Credit Counseling...895-8886	RX Outreach.....800-769-3880
DISABILITY ASSISTANCE		HEALTH SERVICES: VISION
Ctr. For Independent Living....623-1070	HRS	Division of Blind Services.....245-0700
Disability Determination.....897-2970	Administration.....245-0400	Lighthouse for the Blind.....898-2483
Goodwill.....235-1578	Child Support Enforcement.....836-2059	
Social Security.....648-6673		VICTIM SERVICES
Vocational Rehabilitation.....897-2700	IMMIGRATION & REFUGEE	Child Protection Team.....317-7430

HOUSING ASSISTANCE	Catholic Charities Im&Ref 800-375-5283	Harbor House: Crisis Ctr.....886-2856
Acorn Hous.:Foreclosure...888-409-3557	Lutheran Services.....869-0988	
Ctr for Affordable Housing.....323-3268	Refugee Employment Services 277-1938	TRANSPORTATION
FL Hous.:1 st Time Buyers 888-447-2977	US Immigration.....800-375-5283	LYNX/ Tri County Transit.....841-2279
Habitat for Humanity.....648-4567	LEGAL SERVICES	
Hands of Central FL.....447-5686	Central FL Legal Society.....322-8983	FURTHER INFO
Met Orlando Urban League.....841-7654	Citizen Dispute.....423-5732	Orange County.....629-1289
Orlando Housing Auth 894-1500 ext3000	G.O.A.L.S.....841-7777	Seminole County.....846-7685
Orlando Housing Dept.....246-2708	Lawyer Referral Services.....422-4537	
Orlando HUD Office.....648-6441	Legal Aid Society: Orlando.....841-8310	
Osceola Housing Authority.....742-2275	Legal Aid Society: Seminole...834-1660	
Seminole County Housing.....365-3621	MENTAL HEALTH/COUNSELING	
HOUSING: TRANSITIONAL	Behavioral Support Services 407-830-6412	
Anthony House.....352-383-5577	Catholic Charities.....658-0999	
BETA Ctr for Pregnant Teens...277-1942	Children's Home Society.....895-5800	
Catholic Charities.....658-1818	Goodwill.....235-1578	
Central Care Mission: men.....299-6146	Intervention Services.....407-215-0095	
Center for Affordable Housing 323-3268	Jewish Family Services.....644-7593	
Center for Drug Free Living....245-0012	Kinder Consulting.....407-657-6692	
Christ Service Ctr: Fresh Start...422-9781	Lakeside Behavioral Healthcare875-3700	
Clargin House.....247-8420	Mental Health Association.....898-0110	
Covenant House-youth 18-21...482-0404	Pathways Drop in Ctr-mental h 843-5530	
House of Hope-teens.....843-8686	Sand Lake Hospital.....351-8500	
HSN-scattered site for families 893-0133	Way Up Christian Counseling..599-9772	
	PREGNANCY SERV/BABY ITEMS	
Open Homes Fellowship-men 382-7962	BETA Center.....277-1942	
Osceola HOME-women/child...932-0413	Catholic Soc. Services.....658-1818	
Pathways to Care-medical ill...388-0245	Center for Pregnancy.....514-4517	
Pathways Drop in Ctr-mental h 843-5530	Children's Home Society.....895-5800	
Recovery House of Cent FL.....323-5857	Cornerstone Pregnancy Ctr.....761-5948	
Teen Challenge-Sanford.....330-9600	Family Services of Metro Orl...398-7975	
Trans House:men w/ sub abuse 846-0068	JMJ Life Center.....839-0620	
VA Homeless Veteran's P 321-397-7962	Life for Kids Center.....629-5437	
Wayne Densch Ctr.....599-3900	Orange Co. Health Dept.....836-2650	
HOMELESS/ SHELTER	Shepherd Care Ministries.....290-3286	
Anthony House Emerg.....352-383-5577	SENIOR SERVICES	
Coalition for the Homeless.....426-1250	Adult Abuse/ HRS.....800-962-2873	
Covenant House-youth.....800-441-4478	Alzheimer Resource Ctr.....843-1910	
Interfaith Hospitality Network 893-4580	Ctr for Independent Living.....623-1070	
Orlando Housing Authority.....894-1500	Experience Works.....888-859-1051	
Orlando Union Rescue Mission 423-3596	Jewish Federation Comm. Ctr..645-5933	
Rescue Outreach Mission-Sanf 321-8224	Meals on Wheels.....333-8877	
Salvation Army.....423-8581	Seniors First.....292-0177	
Urban League (Mens).....423-3596	Social Security.....800-772-1213	
Women's Res & Couns Ctr.....425-2502	State of FL Elder Affairs....800-963-5337	